



Transcript for *All Birds Have Anxiety* by Kathy Hoopmann (Jessica Kingsley Publishers)

Introduction (approximately 0:00 – 2:56)

Hi everyone! It's Colleen from the KU Natural History Museum, and I'm so excited for our first Story Book Science. Um, although I'm starting right now I will wait just a moment before we start reading the book just because I want to give everyone some time to join us.

So while we wait I want to make sure that we have some expectations and we have some ground rules for our Story Book Science. Um, first is if you have any questions, if you have any comments that you want to make, please feel free to do so while I'm reading; but also know that, because I'll be reading, I probably won't be able to answer those questions or respond to those comments until the very end, if there is time. Also, make sure that you're kind and considerate. Um, we're not in the museum, but museum rules still apply. We want to make sure everyone feels welcome and that this remains a safe place. Alright?

So I'm just going to wait a couple more moments for people to join us.

Um, for those who are just catching in now, I'm Colleen, and I'm from the KU Natural History Museum; and I just went over some expectations and guidelines for our Story Book Science. Make sure that you are kind and considerate. Also, if you have something you want to share, make sure you write it. If there is something you really love about the book, I want to know. So please make sure that you write that down.

Alright. So for today we are going to be reading *All Birds Have Anxiety*. It's by Kathy Hoopmann, and we're reading it with permission from Jessica Kingsley Publishers. I am so excited to read this book. It is one of my absolute favorites. I really like it because it talks about feelings, and how all feelings, even those like anxiety and the things that come up when we're anxious like fear and being afraid, those feelings are valid; and we can cope with those feelings, we can manage those feelings; and we can do so with the help of some feathered friends.

So let's go ahead and get started.

I do have one other thing to mention, though, um, after this live recording the video is going to be on our Facebook page for about two days. Um, so you can come back and watch it and you will also notice that there are closed captioning available. You have to do that in your settings, though. We'll also have a partial transcript available on our website; and that link is in the description.

So let's get started!

All Birds Have Anxiety by Kathy Hoopmann. And, again, this is being read with permission from Jessica Kingsley Publishers.



Reading from *All Birds Have Anxiety* (approximately 2:57 – 12:52)

All Birds Have Anxiety includes copyrighted material, and we do not have permission to include the written text of the book in this transcript.

Conclusion (approximately 12:53 – 13:55)

So that is the end of *All Birds Have Anxiety*, and like I said earlier, I really love this book; because sometimes we can feel a little sad, we can feel a little anxious, but we can try our best to cope and manage with those feelings. So thank you so much for joining me.

I want to let you know that next week we are going to have another Story Book Science at the same time, 10AM, and we are going to read *Pollen: Darwin's 130-Year Prediction*. It's written by Darcy Pattison and illustrated by Peter Willis, and it's from Mims House Publishing Group; and I'm really excited about this story because I'm also not only going to just be reading, but I will have some museum specimens to share with you so that I can show you some of the things that they're talking about in the book. So I'm really excited for next week.

I hope to see you all then, um, and thank you so much for joining me today. I'll see you next week!